

Suggested reading list Psyc.E.In. Case Studies 1

Targets: psychologists, psychotherapists and psychoanalysts

Developed by: University of Presov (SK)

N.	Year	Citation	Type of publication (article, book, guideline...)	Key words
1	2010	Knaevelsrud, C., Liedl, A., & Maercker, A. (2010). Posttraumatic growth, optimism and openness as outcomes of a cognitive-behavioural intervention for posttraumatic stress reactions. <i>Journal of health psychology</i> , 15(7), 1030–1038. https://doi.org/10.1177/1359105309360073	article	Internet, optimism, posttraumatic growth, posttraumatic stress disorder, PTSD, RCT
2	2014	Ivarsson, D., Blom, M., Hesser, H., Carlbring, P., Enderby, P., Nordberg, R., & Andersson, G. (2014). Guided internet-delivered cognitive behavior therapy for post-traumatic stress disorder: A randomized controlled trial. <i>Internet Interventions</i> , 1(1), 33–40. https://doi.org/10.1016/j.invent.2014.03.002	article	PTSD, Treatment, Cognitive behavior therapy, Internet-based treatment, Self-help, Randomized controlled trial
3	2011	Zoellner, T., Rabe, S., Karl, A., & Maercker, A. (2011). Post-traumatic growth as outcome of a cognitive-behavioural therapy trial for motor vehicle accident survivors with PTSD. <i>Psychology and psychotherapy</i> , 84(2), 201–213. https://doi.org/10.1348/147608310X520157	article	PTSD, posttraumatic stress, posttraumatic growth, accident, CBT
4	2016	Wagner, A. C., Torbit, L., Jenzer, T., Landy, M. S., Pukay-Martin, N. D., Macdonald, A., Fredman, S. J., & Monson, C. M. (2016). The Role of Posttraumatic Growth in a Randomized Controlled Trial of Cognitive-Behavioral Conjoint Therapy for PTSD. <i>Journal of traumatic stress</i> , 29(4), 379–383. https://doi.org/10.1002/jts.22122	article	PTSD, posttraumatic stress, posttraumatic growth, CBT, relationship, social support
5	2012	Arch, J. J., Eifert, G. H., Davies, C., Vilardaga, J. C. P., Rose, R. D., & Craske, M. G. (2012). Randomized clinical trial of cognitive behavioral therapy (CBT) versus acceptance and commitment therapy (ACT) for mixed	article	Anxiety, CBT, acceptance, commitment, RCT

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		anxiety disorders. Journal of Consulting and Clinical Psychology, 80(5), 750–765. https://doi.org/10.1037/a0028310		
6	2009	Twohig, M. P. (2009). Acceptance and commitment therapy for treatment-resistant posttraumatic stress disorder: A case study. Cognitive and Behavioral Practice, 16(3), 243–252. https://doi.org/10.1016/j.cbpra.2008.10.002	article	PTSD, posttraumatic stress, acceptance, commitment, treatment-resistant, case study
7	2006	Maercker, A., Zöllner, T., Menning, H. et al. Dresden PTSD treatment study: randomized controlled trial of motor vehicle accident survivors. BMC Psychiatry 6, 29 (2006). https://doi.org/10.1186/1471-244X-6-29	article	PTSD, posttraumatic stress, CBT, accident, RCT
8	2020	Kirsch Hiltz White, Colleen Marie, "Comparison Study: Trauma-Focused Cognitive Behavioral Therapy and Acceptance and Commitment Therapy for Trauma" (2020). Dissertations. Paper 194. https://digitalcommons.wku.edu/diss/194	dissertation	PTSD, posttraumatic stress, CBT, acceptance, commitment, trauma-focused
9	2022	Garner, A. R., & Stuart, G. L. (2022). Integrating mindfulness and acceptance into traditional cognitive behavioral therapy during the COVID-19 pandemic: A case study of an adult man with generalized Anxiety Disorder. Clinical Case Studies, 153465012211235. https://doi.org/10.1177/1534650122112356	article	Anxiety, COVID-19, pandemic, CBT, acceptance, mindfulness, case study
10	2018	Carlsson, J., Sonne, C., Vindbjerg, E., & Mortensen, E. L. (2018). Stress management versus cognitive restructuring in trauma-affected refugees—A pragmatic randomised study. Psychiatry Research, 266, 116–123. https://doi.org/10.1016/j.psychres.2018.05.015	article	Cognitive restructuring, stress management, RCT, PTSD, refugees
11	2011	Steil, R., Jung, K., & Stangier, U. (2011). Efficacy of a two-session program of cognitive restructuring and imagery modification to reduce the feeling of being contaminated in adult survivors of childhood sexual abuse: a pilot study. Journal of Behavior Therapy and Experimental Psychiatry, 42(3), 325–329. https://doi.org/10.1016/j.jbtep.2011.01.008	article	Brief CBT, cognitive restructuring, imagery modification, feeling of being contaminated, CSA
12	2010	Moser, J. S., Cahill, S. P., & Foa, E. B. (2010). Evidence for poorer outcome in patients with severe negative trauma-related cognitions receiving prolonged exposure plus cognitive restructuring: Implications for treatment matching in posttraumatic stress disorder. The Journal of Nervous and Mental Disease, 198(1), 72–75.	article	PTSD, posttraumatic stress, trauma-related cognitions, cognitive restructuring, prolonged exposure

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		https://doi.org/10.1097/nmd.0b013e3181c81fac		
13	2015	Mueser, K. T., Gottlieb, J. D., Xie, H., Lu, W., Yanos, P. T., Rosenberg, S. D., Silverstein, S. M., Duva, S. M., Minsky, S., Wolfe, R. S., & McHugo, G. J. (2015). Evaluation of cognitive restructuring for post-traumatic stress disorder in people with severe mental illness. <i>The British Journal of Psychiatry: The Journal of Mental Science</i> , 206(6), 501–508. https://doi.org/10.1192/bjp.bp.114.147926	article	Cognitive restructuring, PTSD, posttraumatic stress, severe mental illness
14	2013	Wolgast, M., Lundh, L.G. & Viborg, G. Cognitive Restructuring and Acceptance: An Empirically Grounded Conceptual Analysis. <i>Cogn Ther Res</i> 37, 340–351 (2013). https://doi.org/10.1007/s10608-012-9477-0	article	Cognitive restructuring, acceptance, conceptual analysis
15	2019	Schubert, C. F., Schmidt, U., Comtesse, H., Gall-Kleeback, D., & Rosner, R. (2019). Posttraumatic growth during cognitive behavioural therapy for posttraumatic stress disorder: Relationship to symptom change and introduction of significant other assessment. <i>Stress and Health: Journal of the International Society for the Investigation of Stress</i> , 35(5), 617–625. https://doi.org/10.1002/smi.2894	article	Posttraumatic growth, Posttraumatic stress disorder, PTSD, Cognitive behavioral therapy, Significant others assessment